



## Grading

The last grading for the year is to be held at Papakura on Wednesday 5th December at 6 pm. Grading fee is \$45, which includes the belt or stripe. Training fees for December must also be up to date. The examiner is Mr Peter Graham, 4th dan, former President of ITFNZ.



## Holiday Break

Our final training for the year will be Wednesday 12th December, and we re-start on Monday 28th January. Have a good rest - but not for too long. Keep up your stretching and run over your patterns!

## Things we've done this year

It has been another busy year for TKD, and our club has contributed towards many of the events - including assisting with the distribution of the TKD Talk Magazines. Thanks to everyone for your support. Here is a summary of the major things we have been involved in:

### January

The year began with special trainings for those grading for black belt. Nick Howdle and Keith brown successfully graded to 1st dan.

### Jan - July

World Champs Training every Thursday at Papakura. Gemma Walton was in the Team but unfortunately had to go to Aussie to live. Toni and Dan were team members, and I was Assistant Coach. Mr Banicevich also travelled to Italy for the World Champs and worked on the organising committee.

The team had around 100 formal session over this time period, including camps at Auckland, Waiuku, Taupo, Levin and Wellington. A big thanks to all the parents of the team members too for their support.

There is a CD ROM available of the Video Highlights of the NZ Team at the world Champs. They are \$20 available from me.

### February

Papakura members attended the Manukau Have-A-Go Day and also the Karamatua Have-a-Go Day with guests Mr Rocky Rounthwaite.

### March

Special class held at Papakura with guest instructor Mr Rocky Rounthwaite, 6th dan.

Members attended the EPSON Under 18 Tournament.

Round the Bays - fun run.

### May

Members attended ITFNZ Umpires course.

### June

Papakura won best club again at the CM Regional Tournament. **Well done!**

### July

CM Hosted the 2001 ITFNZ Nationals and our club played a large role in organising, setting up, officiating and competing.

Mark Banicevich was awarded the 2001 ITFNZ Presidents Award for his contribution to ITFNZ Taekwon-Do

### September

Members of the club attended the ITFNZ Instructors Conference in Rotorua, and Mr Banicevich successfully graded to 4th degree black belt. A great achievement!

Neil Breen and I produced a video history of ITFNZ and filmed the ITFNZ Grading syllabus - to be released on video in 2002.

### September - October

Our club played a key role in organising both the Aussie Invitational Tournament and the EPSON OPEN. Both tournaments attracted teams from Australia. Both tournaments were held at the Gym Sport Centre, just across from our club.

Video Nite at the Kruthoffers.

First Aid Course held in Takanini.

Sports Expo - Greenlane

BMW Marathon water station - fundraising

Brookby School Ag Day - fundraising

### November

General Choi Course in Jamaica

Pee wees Tournament - Papakura

### Yoga

Mrs Gummer has started running a half hour Yoga classes before training. Thanks to Mrs G.

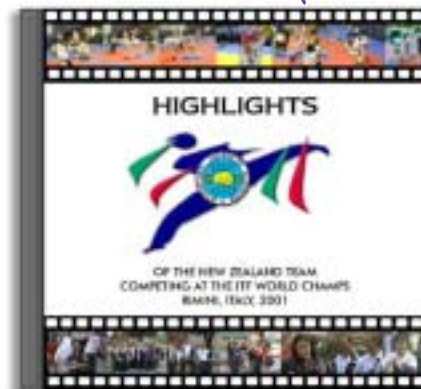
### Club Structure

A new club structure was set up with people in charge of certain areas. This has had a certain amount of success, and I would like to develop it further next year.

## Special Mention

Special mention would have to go to three key members of our club this year: **Dave Butchers, Nikki Pallin-Simmonds and Ken Monk.** These three support everything and have been a great help this year - THANK YOU.

Paul McPhail - Instructor



## NEXT YEAR

Keep your eye on the ITFNZ Website for updates ([www.itfnz.org.nz/news/calendar.htm](http://www.itfnz.org.nz/news/calendar.htm)) - but here are some of the events planned for 2002

### February

10-21 NZ Stripe Series Seminars

### March

1- 3 AK Lantern Festival  
3 AK Counties-Manukau Have-A-Go Day  
25 AK Round The Bays Fun Run

### April

18-19 AK Gup Grading - Counties Manukau

### May

25-26 AK Dan Grading - Auckland

### June

1- 3 3rd NZ Martial Arts Hall of Fame Induction - Taupo

### August

24 - 25 NATIONALS - Hamilton

### September

5-6 AK Gup Grading - Counties Manukau

### November

16-17 AK Dan Grading - Auckland

### December

2- 3 AK Gup Grading - Counties Manukau