



## PaulM Taekwon-Do

PAPAKURA NEWS - NOVEMBER 2009



### Calendar of Events

**18 Nov** - Pre-Grading

**23-30 Nov** - ITF World Champs - Argentina

**27-29 Nov** - National Junior Camp

**6 Dec** - Counties Combined Grading, Te Puru Convention Centre Beachlands/Maraetai, 954R Whitford Maraetai Road. [www.tepuru.co.nz](http://www.tepuru.co.nz)

**16 Dec** - Final night for 2010

**25 Jan** - First training 2010

**10 Feb** - New Kids Class intake. Register at [www.paulm.co.nz/tkd](http://www.paulm.co.nz/tkd)

**14, 21, 28 Feb** - Beginners' Course. Register at [www.paulm.co.nz/tkd](http://www.paulm.co.nz/tkd)

**5 Mar** - Seminar by Master Katz - Register at [www.itfnz.org.nz](http://www.itfnz.org.nz)

**March 2010** - International Instructors Course - Auckland

Full Calendar is on-line at: [www.itfnz.org.nz/events/calendar](http://www.itfnz.org.nz/events/calendar)

*A reminder that automatic payments for training fees should continue over the holidays even though we are not training. The club pays your annual membership registration to ITFNZ for you over this period. (This saves collecting in money from everyone). Your annual fee covers membership with ITFNZ, the TKD Talk Magazines and all the other benefits of attending ITFNZ events and being part of this great organisation.*

### The Worlds

Good luck to Ethan, Paige, Alisa, Toni and Melissa who are competing at the World Champs in Argentina late November. Please watch the updates on the ITFNZ website, on facebook or on twitter. Mr Pellow and I will also be at the Champs and the black belts will be running the classes for two weeks.

### Grading

We are holding a combined Counties Manukau grading on Sunday 6th December at the Te Puru Convention Centre Beachlands/Maraetai. If you pass the pre-grading, please return your grading form and fee in an envelope to Mrs Hart.

#### Proposed Schedule:

11.00 am - Special Techniques and breaking competition outside (if fine).

12.00 pm - BBQ Lunch - All Clubs - Instructors Meeting upstairs

1.00 pm - warm up

1.30 pm - Grading by Master Bhana

### New Beginners

We are accepting new beginners in the kids class (5-10 year olds) from Wednesday 10th Feb. The 2010 Beginners' Course will be held on three Sundays, 14, 21, 28 Feb. Word of mouth is by far the best way to recruit new members so please mention it to family and friends.

### IIC

Red belts and above please remember to register for the International Instructors' Course. There is also a seminar open to all grades run by Master Alberto Katz on Friday 5th March.

You can register on-line now for both seminars: [www.itfnz.org.nz/events/courses/2010\\_iic](http://www.itfnz.org.nz/events/courses/2010_iic)

From Mr Pellow and I: Thanks to everyone for your support again this year - especially our new fundraising team! Have a great Christmas!

*Paul McPhail*



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