



Paul M Taekwon-Do

PAPAKURA NEWS - JUNE 2010

Counties to Cooks

The trip to the Cooks is turning in a huge event - with interest from other regions as well. Planning is still underway, but those interested in coming should now book their own flights and let Mrs Lotua know the details. Even though TKD is very much involved we will focus on the family and a lot of R and R.

Airfares:

We recommend that all those wishing to join us arrange their own flights as the group booking quotes were more expensive than booking individually.

When booking please remember: Rarotonga is a day behind us: Thursday here, Wednesday there.

Master McPhail, Mr Pellow and Mrs Lotua are travelling on the following flights:

Depart Auckland Friday 29th Oct NZ46, 10.30 am. Arrive 3.15 pm Thursday

Depart Rarotonga Sunday 7th Nov NZ 45 5.30 pm. Arrive 8.50 pm on Monday.

Air New Zealand fly everyday, Pacific Blue Fly Tuesdays and Fridays.

What is required from you:

Please forward travel details: dates, times, package or just accommodation, we can still get a discount on Accommodation at the Edgewater. Please let us know the room configuration is required so please stipulate how many rooms and ages of occupants eg: Kent family 3 adults 2 kids 1 infant – kids 10 & 7 M/F that will assist a lot.

Grading date is Saturday 30 October, so it is recommended that you fly either 1 or 2 days before as the following week will be the set schedule.

Here is the draft schedule which has been proposed by the Cook Islands:

Saturday 30 Oct AM gup grading

Sunday 31 Oct AM compulsory church approx 1hr service (ladies in skirts/dresses please)

PM gup grading result presentations followed by luncheon

Monday 1 Nov PM combined training (2hrs)

Tuesday 2 Nov PM Seminar 1

Wednesday 3 Nov PM Training

Thursday 4 Nov PM Seminar 2

Friday 5 Nov AM Traditional Cultural Invitation PM Island Night

Saturday 6 Nov AM Market Day / Rugby 7's – for those interested

PM – clubs open for the young at heart (all alcohol places close at mid night on Sat)

Sunday 7 Nov Church optional

Please contact Mrs Lotua if you are joining us on the trip: 027 229 3407 or countiesmanukau@itfnz.org.nz.

Nationals

Good luck to all of our club members who are competing at the Nationals / Oceania Champs, being held in Wellington, first weekend in July.

Mini-Kids

All the Kids classes are going well with with both Monday & Wednesday classes having mini-kids gradings. Kids uniforms can be purchased from www.toppro.co.nz.

Paul McPhail

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Calendar of Events

3-4 July - Nationals / OTF Champs. Wellington
Launching of new itfnz brand

10-11 July - US OPEN

24-25 July - Asian Champs

31 July - Star Series Tournament (2) Whangarei

7 Aug - Grading at Wesley College, Paerata Road, Paerata (Drury off ramp). 1.15 warm up, 1.30 start. Examiner, Master Davidson.

14 Aug - First Aid Course hosted by Tribal TKD.

20-22 Aug - World Champs Trials

17-19 Sep - World Champs Trials

25 Aug - Instructors Induction Course - Auckland. (For those interested in becoming instructors)

26 Aug - Instructor Development Course - Auckland. (Advanced course for existing Instructors)

17 Oct - Pee Wee Tournament

29 Oct - 8 Nov - CM trip to the Cook Islands

Full Calendar is on-line at:
www.itfnz.org.nz/events/calendar



Portia McPhail
Memorial Website:
www.portia.co.nz