

# Paul M Taekwon-Do

International®

PAPAKURA & WAIAU PA NEWS - FEBRUARY 2013

## International Instructors Course

Three Grand Masters are in Auckland this week running the International Instructors' Course (IIC). Good luck to those who are attending - we have 12 from Papakura & Waiau Pa taking part.

And it's not every day you go for your 7th or 8th dan... so best of luck to Mr Pellow and Master McPhail and who will grade at the completion of the IIC.

#### **Grand Master Lan**

We are very lucky to have Grand Master Lan (9th dan) stay in New Zealand for the week after the IIC to coach the NZ Squad members. We are hoping he may visit our club on Wednesday 20th February for a combined class with juniors and seniors, 6.30 - 8.00 pm. Please be at training that night!

He will then conduct an open seminar at Papatoetoe High School on Thursday 21st Feb at 6.30 pm. Cost is \$20 - please register on the itkd website: www.itkd.co.nz.

#### **Roro Here We Come**

As announced at our Sonshine Ranch session, Paul M TKD are

planning at trip to Rarotonga, Cook Islands this November. There is the opportunity for colour belts and black belts to grade, as well as to enjoy such an awesome place and amazing people. The grading date is 23rd November, so the trip will be scheduled around that time. Families are invited to come on holiday with us and join in the fun.

Mr Reynolds is heading up a group to look at fundraising ideas and to co-ordinate the trip. There will be no group flight bookings however, so each family can plan their own trip to suit their schedule.

If you think you may be a starter for the trip please let us know by filling out the Expression of Interest form.

#### **Seminars**

There are a number of seminars being organised in Counties Manukau in the first half of the year. These have been planned by our Regional Director Mrs Iotua as she would like to see us get together more and train under our own senior instructors. Please support these events - see the calendar

Grand Masters: Lan, Marano and Bos, all 9th dan





below for dates and register online.

#### **NZ Team Trials**

The NZ Team Trials for the World Champs in Spain were held last weekend and we had 8 members from Papakura trial. Good luck with the announcements due to be announced soon.

### What's On

Register for all these events on-line: www.itkd.co.nz

**15-16 February** IIC & Grading **17 February** International Umpires Course

**2-3 March** Patterns seminar by Master Bhana

**10 March** Instructor Update Course - Auckland

**16 March** First Aid Course **17 March** NZ Umpires Course

**13 April** Step Sparring Seminar by Master McPhail

**14 March** How to Operate an ITKD School Course

**20 April** CM Regional Tournament

**5 May** Under 18 Series Tournament No.1

**11 May** Breaking Seminar by Mr Luke Thompson

**18-19 May** Black Belt Grading **25 May** Sparring Seminar by Mr Luke Thompson

**1-2 June** 2013 National Tournament - Queens Birthday weekend in Counties Manukau.

Full Calendar is on-line at: ww.itkd.co.nz/events/calendar